

Attention Problems (ADD and ADHD)



Books

1. **The Everything Parent's Guide to Children with ADD/ADHD: A Reassuring Guide To Getting The Right Diagnosis, Understanding Treatments, and Helping Your Child Focus** by Carole Jacobs and Isadore Wendel, Adams Media Corporation (2010) ISBN:9781605506784
2. **Attention Difference Disorder: How to Turn Your ADHD Child or Teen's Differences into Strengths in 7 Simple Steps** by Kenny Handelman, Morgan James Publishing (2011) ISBN: 9781600378881
3. **ADHD: What Every Parent Needs to Know** by the American Academy of Pediatrics, American Academy of Pediatrics (2011) ISBN:9781581104516
4. **School Success for Kids With ADHD** by Stephan M. Silverman et al., Prufrock Press (2009) ISBN:9781593633585
5. **Helping Kids and Teens with ADHD in School: A Workbook for Teachers and Parents on Classroom Support and Managing** by Joanne Steer and Kate Horstmann, Jessica Kingsley Publishers (2009) ISBN:9781843106630
6. **Taking Charge of ADHD: The Complete, Authoritative Guide for Parents** by Russell A. Barkley, Guilford Press (2000) ISBN:1572305606
7. **AD/HD: Helping Your Child: A Comprehensive Program to Treat Attention Deficit/Hyperactivity Disorders at Home and in School** by Warren Umansky, Warner Books (2003) ISBN:0446679739
8. **The ADD/ADHD Checklist: A Practical Reference for Parents and Teachers** by Sandra F. Rief, Jossey-Bass (2008) ISBN:9780470189702
9. **The ADHD Workbook for Parents** by Harvey C. Parker, Specialty Press Inc. (2005) ISBN:1886941629
10. **How to Reach and Teach Children With ADD/ADHD** by Sandra F. Rief, Jossey-Bass (2005) ISBN:0787972959

Websites

<http://www.chadd.org/>
<http://www.nimh.nih.gov/publicat/adhd.cfm>
<http://www.kidshealth.org/parent/> (search term "ADHD")

About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centre at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

Family Resource Centre

The Family Resource Centre's mission is to help families and the community to become active participants in their own health and medical care. The Family Resource Centre offers resources to understand and cope with illness and hospitalization, to learn more about your child's health, to help other family members learn how to help the patient and themselves, and to learn more about wellness, prevention and the human body.

The centre has a wide collection of books, DVDs, pamphlets and online resources about the problems and concerns that bring patients to McMaster Children's Hospital. Services provided include:

Check-out

Borrowing privileges are available to families, staff, and community members.

On-line Resources

In addition to books, DVDs and pamphlets, much health information is available through the Internet. The family Resource Centre can help you to find these resources, as well as information from our consumer health information database.

Audio-visual Materials

Your health-care provider may suggest that you view a particular DVD, or you may want to browse our collection.

For more information visit www.mcmasterchildrenshospital.ca

*The Family Resource Centre,
where knowledge grows.*

