

Discipline



Books

1. **1-2-3 Magic: Effective Discipline for Children 2-12** by Thomas W. Phelan, IPG/Chicago Review Press (2010) ISBN:9781889140438
2. **Positive Discipline A-Z: 1001 Solutions to Everyday Parenting Problems** by Jane Nelsen et al., Three Rivers Press (2007) ISBN:9780307345578
3. **Setting Limits with Your Strong-Willed Child: Eliminating Conflict by Establishing CLEAR, Firm, and Respectful Boundaries** by Robert J. Mackenzie, Three Rivers Press (2001) ISBN:9780761521365
4. **The No-Cry Discipline Solution: Gentle Ways to Encourage Good Behavior Without Whining, Tantrums, and Tears** by Elizabeth Pantley, McGraw-Hill (2007) ISBN:9780071471596
5. **Kids Are Worth It!: Giving Your Child the Gift of Inner Discipline** by Barbara Coloroso, William Morrow Paperbacks (2002) ISBN:9780060014315
6. **Discipline Without Distress: 135 Tools For Raising Caring, Responsible Children Without Time-Out, Spanking, Punishment Or Bribery** by Judy Arnall, Professional Parenting Canada (2007) ISBN:9780978050900
7. **Good Discipline, Great Teens** by Ray Guarendi, St. Anthony Messenger Press (2007) ISBN:9780867168358
8. **Making Children Mind without Losing Yours** by Dr. Kevin Leman, Revell (2005) ISBN:0800731050
9. **Toddler ABC Guide to Discipline: Quick Secrets to Loving Guidance** by Michelle Smith, CreateSpace (2010) ISBN:9781453618974
10. **Discipline That Lasts a Lifetime: The Best Gift You Can Give Your Kids** by Ray Guarendi, Servant Books (2003) ISBN:9781569553688

Websites

<http://kidshealth.org/parent/positive/talk/discipline.html>
http://www.aacap.org/cs/root/facts_for_families/discipline

About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centre at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

Family Resource Centre

The Family Resource Centre's mission is to help families and the community to become active participants in their own health and medical care. The Family Resource Centre offers resources to understand and cope with illness and hospitalization, to learn more about your child's health, to help other family members learn how to help the patient and themselves, and to learn more about wellness, prevention and the human body.

The centre has a wide collection of books, DVDs, pamphlets and online resources about the problems and concerns that bring patients to McMaster Children's Hospital. Services provided include:

Check-out

Borrowing privileges are available to families, staff, and community members.

On-line Resources

In addition to books, DVDs and pamphlets, much health information is available through the Internet. The family Resource Centre can help you to find these resources, as well as information from our consumer health information database.

Audio-visual Materials

Your health-care provider may suggest that you view a particular DVD, or you may want to browse our collection.

For more information visit www.mcmasterchildrenshospital.ca

*The Family Resource Centre,
where knowledge grows.*

