

Grief and Bereavement



Books

1. **Grief is Like a Snowflake** by Julia Cook, National Center for Youth Issues (2011) ISBN:9781931636780
2. **How to Help Children Through a Parent's Serious Illness: Supportive, Practical Advice from a Leading Child Life Specialist** by Kathleen McCue and Ron Bonn, St. Martin's Griffin (2011) ISBN:9780312697686
3. **Helping Children Cope with the Death of a Parent: A Guide for the First Year** by Paddy Greenwall Lewis, Praeger Publishers (2004) ISBN:0275980979
4. **Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing with Loss** by Michaelene Mundy, One Caring Place (2010) ISBN:9780870294396
5. **10 Steps For Parenting Your Grieving Children** by Anne Hatcher Berenberg et al., AVJ Publishing (2011) ISBN:9780578087481
6. **25 Things to Do When Grandpa Passes Away, Mom and Dad Get Divorced, or the Dog Dies: Activities to Help Children Heal After a Loss or Change** by Laurie A. Kanyer, Parenting Press (2003) ISBN:1884734537
7. **It's Okay to Cry: A Parent's Guide to Helping Children Through the Losses of Life** by H. Norman Wright, WaterBrook Press (2004) ISBN:1578567602
8. **A Parent's Guide to Raising Grieving Children: Rebuilding Your Family after the Death of a Loved One** by Phyllis R. Silverman and Madelyn Kelly, Oxford university Press (2009) ISBN:9780195328844
9. **Talking about Death: A Dialogue between Parent and Child** by Earl A. Grollman, Beacon Press (2011) ISBN:9780807023617
10. **Teen's Guide to Coping When a Loved One is Sick and Preparing to Die** by Fairview Health Services, Fairview Press (2003) ISBN:1577491408
11. **Creative Interventions for Bereaved Children** by Liana Lowenstein, Champion Press (2006) ISBN:9780968519929
12. **Why Did You Die?: Activities to Help Children Cope with Grief and Loss** by Erika Leeuwenburgh and Ellen Goldring, New Harbinger (2008) ISBN:9781572246041

Websites

<http://www.kidshealth.org> (use search terms "grief" or "bereavement")
<http://www.cpa.ca> (use search terms "grief" or "bereavement")

About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centre at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

Family Resource Centre

The Family Resource Centre's mission is to help families and the community to become active participants in their own health and medical care. The Family Resource Centre offers resources to understand and cope with illness and hospitalization, to learn more about your child's health, to help other family members learn how to help the patient and themselves, and to learn more about wellness, prevention and the human body.

The centre has a wide collection of books, DVDs, pamphlets and online resources about the problems and concerns that bring patients to McMaster Children's Hospital. Services provided include:

Check-out

Borrowing privileges are available to families, staff, and community members.

On-line Resources

In addition to books, DVDs and pamphlets, much health information is available through the Internet. The family Resource Centre can help you to find these resources, as well as information from our consumer health information database.

Audio-visual Materials

Your health-care provider may suggest that you view a particular DVD, or you may want to browse our collection.

For more information visit www.mcmasterchildrenshospital.ca

*The Family Resource Centre,
where knowledge grows.*

