

# Social Skills



## Books

1. **Let's Be Friends: A Workbook to Help Kids Learn Social Skills and Make Great Friends** by Lawrence Shapiro and Julia Holmes, New Harbinger Publications (2008) ISBN:9781572246102
2. **Socially Curious, Curiously Social: A Social Thinking Guidebook for Bright Teens & Young Adults** by Michelle Garcia and Pamela Crooke, North River Press (2011) ISBN:9780884272021
3. **Dude, That's Rude!: Get Some Manners** by Pamela Espeland and Elizabeth Verdick, Free Spirit Publishing (2007) ISBN:9781575422336
4. **The Social Success Workbook for Teens** by Barbara Cooper, New Harbinger Publications (2008) ISBN:9781572246140
5. **Making Choices and Making Friends: The Social Competencies Assets** by Pamela Espeland and Elizabeth Verdick, Free Spirit Publishing (2006) ISBN:9781575422015
6. **Your Successful Preschooler: Ten Skills Children Need to Become Confident and Socially Engaged** by Ann E. Densmore and Margaret L. Bauman, Jossey-Bass (2011) ISBN:9780470498989
7. **Seven Steps for Building Social Skills in Your Child: A Family Guide** by Kristy Hagar et al., Specialty Press/A.D.D. Warehouse (2006) ISBN:9781886941601
8. **The New Social Story Book, Revised and Expanded 10th Anniversary Edition: Over 150 Social Stories that Teach Everyday Social Skills to Children with Autism or Asperger's Syndrome, and their Peers** by Carol Gray, Future Horizons (2010) ISBN:9781935274056
9. **The You & Me Workbook: A Book that Teaches Social Skills and Social Awareness** by Lisa Schab, Childsworld/Childsplay (2001) ISBN:9781588150370
10. **You are a Social Detective!** by Michelle Garcia Winner and Pamela Crooke, North River Press (2010) ISBN:9780884272007

## Websites

<http://myyoungchild.org/>  
<http://www.socialthinking.com/>

## About the suggested resources

The books and resources on this list are selected from the collection at the Family Resource Centre at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

## Family Resource Centre

The Family Resource Centre's mission is to help families and the community to become active participants in their own health and medical care. The Family Resource Centre offers resources to understand and cope with illness and hospitalization, to learn more about your child's health, to help other family members learn how to help the patient and themselves, and to learn more about wellness, prevention and the human body.

The centre has a wide collection of books, DVDs, pamphlets and online resources about the problems and concerns that bring patients to McMaster Children's Hospital. Services provided include:

### **Check-out**

Borrowing privileges are available to families, staff, and community members.

### **On-line Resources**

In addition to books, DVDs and pamphlets, much health information is available through the Internet. The family Resource Centre can help you to find these resources, as well as information from our consumer health information database.

### **Audio-visual Materials**

Your health-care provider may suggest that you view a particular DVD, or you may want to browse our collection.

For more information visit [www.mcmasterchildrenshospital.ca](http://www.mcmasterchildrenshospital.ca)

*The Family Resource Centre,  
where knowledge grows.*

